



HONORED BY CLUB . . . Art Nilson (right) is shown receiving a trophy from Dr. Alden Smith as the most outstanding new member of the Torrance Kiwanis Club during 1961. Presentation was made during installation ceremonies at the Palos Verdes Golf Club. H. G. Stephens was seated as president of the club to succeed Tommy G. Wilkes.

"An etiquette column in one of the daily papers says to always stir coffee with your right hand. But it didn't tell how to keep the sugar from getting under your fingernails." — Dale Holdridge, Langford (S.D.) Bugle.

Marymount Schedules Open House

Southern California high school seniors and juniors will be the guests of Marymount College on Sunday, Feb. 25, at an academic open house on the Palos Verdes Estates campus.

Interviews and discussions with department heads and faculty members have been scheduled for the visitors between 2:30 and 4:30 p.m., at which academic counseling and general information concerning the college will be offered.

Administrators will also be present to confer with parents who are invited to attend the open house with their daughters, and to enjoy refreshments in the Student-Faculty Center following the meetings.

Among faculty members who will be on hand for individual and group conferences will be Dr. Robert Wagner, head of the music department; Donald Totten of the art department; Miss Virginia Barnelle of the theater arts department and Dr. Kathryn Burkart of the teacher training department.

Additional information may be obtained from Mother Gregory, dean.

Dow Expansion Plan Underway

The Dow Chemical Co. is expanding its facilities for the production of high impact polystyrene at its Torrance plant. Leland A. Doan, general manager of Dow's Western division, said the expansion has been started because of anticipated increases in Western market demands.

Doan added that the expansion is planned for completion in June.

Production of high impact polystyrene was started by Dow at Torrance in June 1958.

Tomatoes are the No. 1 truck crop in the United States.

Dental Society Answers Questions About Teeth

(This is the fourth in a series of questions and answers on dental health published by the Torrance Herald, in cooperation with the Harbor Dental Society, in observance of National Dental Health Week Feb. 4 through 10.)

What is a gum boil and why does it occur?

A gum boil is an abscess resulting from an infected pulp or nerve in a nearby tooth. It indicates that there is seriously advanced decay in the tooth and you may be in danger of losing it. When the pulp of the tooth becomes infected, an abscess forms and as the jaw bone and pushes out the gum to resemble a boil. Abscesses should never be neglected. Do some people have "soft teeth" that are more inclined to decay? Does this run in families?

There is little difference in the hardness of teeth, and this difference has no bearing on the rate of tooth decay.

Almost everyone is susceptible to dental decay in some degree. It is true that the teeth of some persons appear to be more inclined to decay; however, this may be due to poor dental health habits and lack of regular dental treatment.

The main point to remember is that the environmental factors—toothbrushing, cutting down on sweets and regular dental treatment—appear to be more important than any inherited factors.

My husband drinks six glasses of milk a day. He says it's good for his teeth. Does it really help them?

It is highly unlikely. First of all, a diet which is adequate for good general health is sufficient for dental health. Three to four eight-

ounce glasses of milk is usually the standard recommendation for children; two or three glasses for adults.

Secondly, it appears doubtful that the teeth, once they have erupted, receive any great amount of calcium from food that is eaten. Once the tooth is in the mouth, the best dietary advice from a dental point of view is negative: Don't eat too many foods containing fermentable carbohydrates, particularly sugar.

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